



AVNC 2026 in Malaysia

GRIEF CARE  
IN VETERINARY MEDICINE  
HANDLED BY  
VETERINARY NURSES

~STAYING CLOSE TO THE HEARTS OF  
PETS AND THEIR OWNERS~

ALWAYS LLC

VETERINARY GRIEF CARE ADVISOR

VETERINARIAN MINAKO ABE

# What does grief mean?

When you lose something important

When you imagine that you might lose something important

*Every single day  
with pets*

A very natural reaction of the mind and body

*cancer*

*terminal*

*death*

*Pet Loss*

*happy*

*special*

**Strong  
grief**

*necessary for you*

*How important they are in your life !!!*



Get to know their background~!  
 ~you can understand attachment how it has been made~



relationship

Children Siblings  
 Best Friend, Lover,  
 Partner, mentor

Lots of  
 Smiles

Hugs

Warm Soft Peace of mind  
 Love each other,  
 stick together anytime

Big Energy

Communication

Family Bond, community  
 connection, meking friends,

Safety base  
 territory

Behavior and expressions

Be by your side,  
 need yourself like a baby  
 Cute, Funny, Frankness,  
 Natural, Easy, Kind

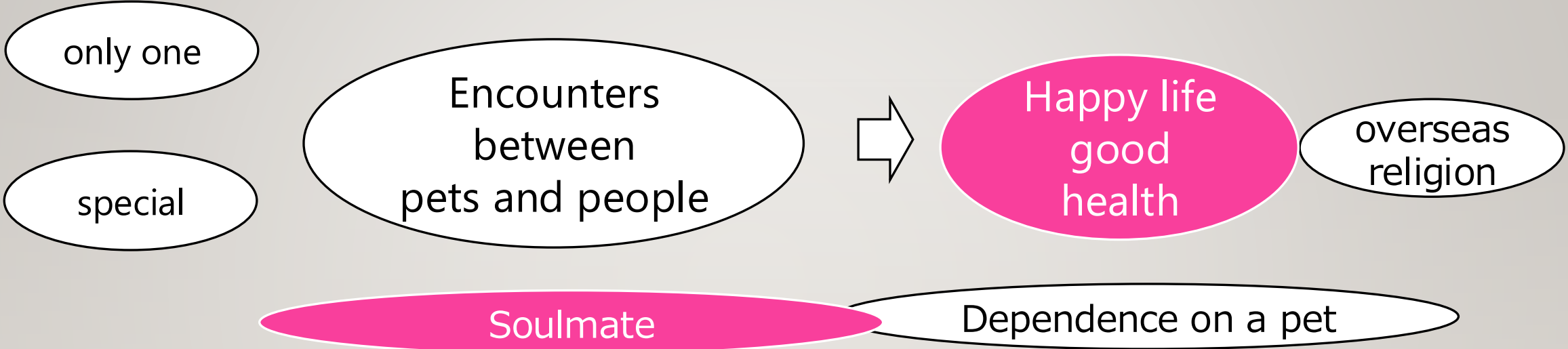
Trust

Honest, never lie, Ally

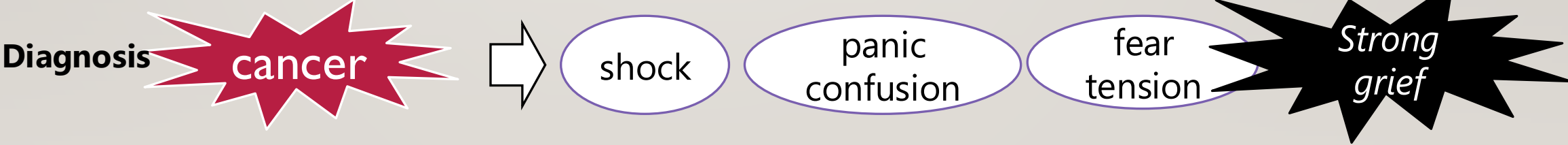
Pets can help our  
 quality of life

*Meeting a pet is an inevitable miracle*

# Why is grief so strong in Japan ???



In Japan, the pet is supporting the owner's grief every day

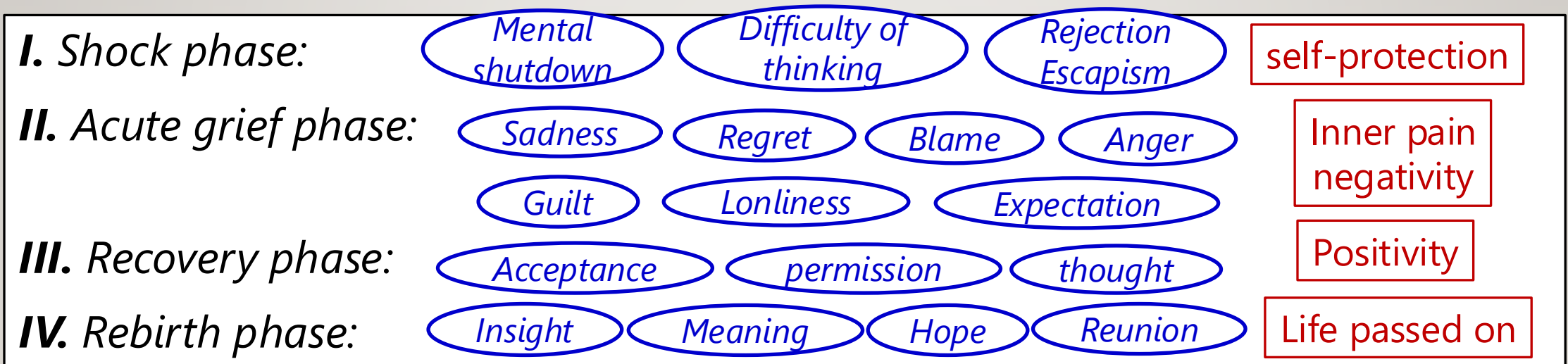


*Veterinary nurses will increase their own grief, looking at the owner.*

# Psychological process of grief ~when we lose something precious to us~

*It is the natural emotional and physical reactions*

Basic pattern of human psychology~ Life with a pet and Pet loss



**Life with a pet : I ~ III    Pet loss : I ~ IV**

*Pets can't understand the reasons, but take on human grief*

*grief on  
pets*

# Grief care for pet to take on a big challenge

Animal hospital

Serious illness  
Informed consent  
Choice  
Difficult Decision

**Advanced surgery**  
**chemotherapy**  
**Radiation therapy**  
**hospitalization**  
**Palliative care**

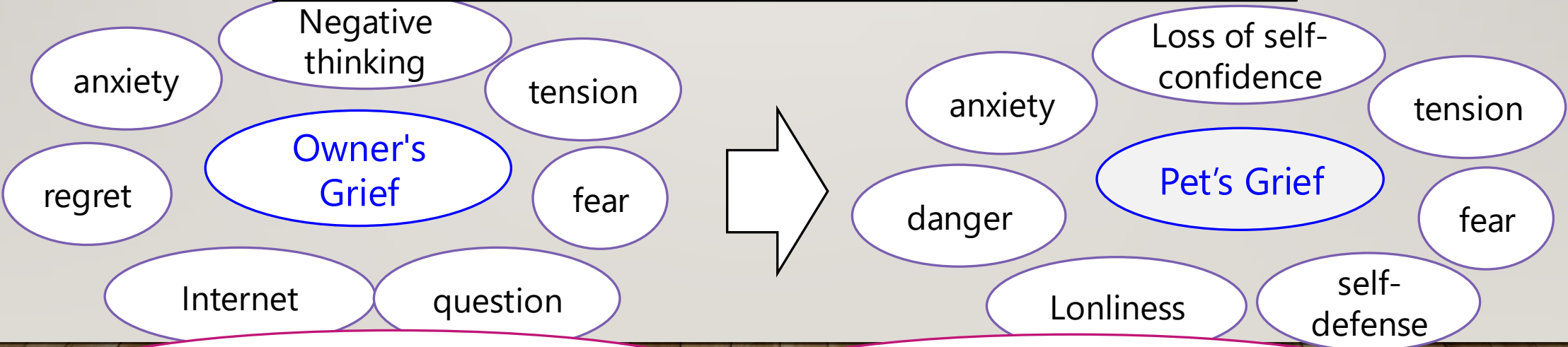
Veterinary nurses

Grief care  
Safe Home  
Love  
Happiness

At home

Anticipatory grief is increasing after the decision

**Heartache!!!**



Full of confidence

Trust and Safety

## My grief care in the waiting room



Pets and people will calm down and relax, they feel better even pets have illness.

*How nice to have a nurse to provide grief care!*

# How to keep the pet's mind safe?

## Pet's Favorite Items

clothes (favorite) bed  
blankets, towels and cushions  
family clothes, pillows  
toys, toilets, dishes, favorite  
carries, boxes favorite foods etc

**grief care for separation anxiety**

relaxing music and sounds  
nickname, nice words

**Smiles**



仲間との日常



ちびたのハッピーライフ。ちびたとして生きた19年

見た目でグリーフを持たない  
誰かと比べてグリーフを持たない  
年齢に左右されない  
死を知らない  
死ぬと思って生きていない  
自分としてまっすぐ生きる

素晴らしいペットの才能



水も飲みたいときに

**Chibita can continue his life as he is, if we reduce his pain and keep his safe home.**

カリカリが好き



今の自分として  
楽しく生きる

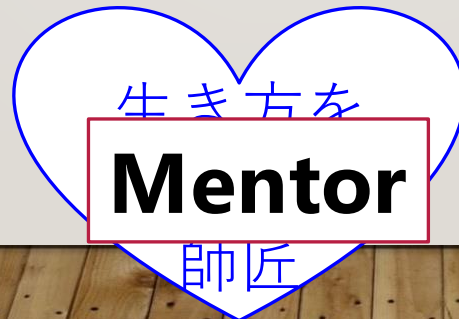
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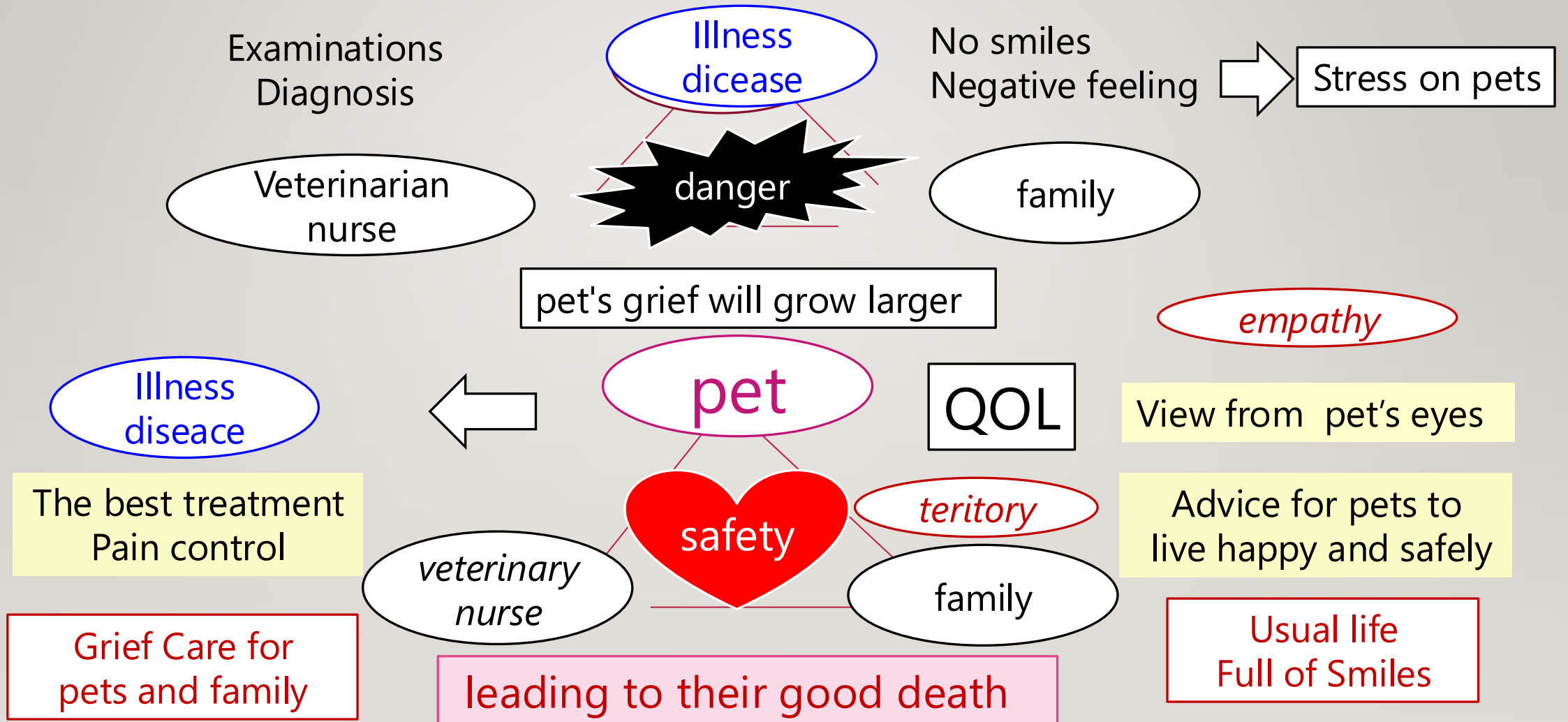
ボール遊びが好き



安全基地



# Can you see the view from a pet's eyes ???



*Grief and happiness*

*Pet loss with Happy gifts*

# Angel care ~ A gift after a pet's passing



Favorite item, food, message , photo



Hand work



Paw Stamp



Flowers that look good on a darling



Staying in the nature



With Friends



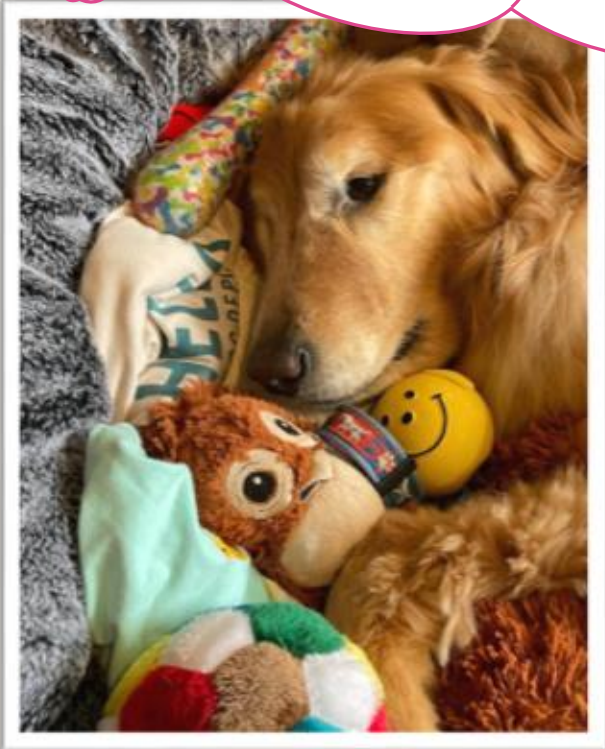
They miss each other

*Veterinary nurses can provide grief care for pets losing their pets.*



positive  
messages  
from pets

Dear veterinary nurses,  
I was very happy to meet you!  
I had the good end to go  
peacefully  
Thank You!



Leading to the good death  
will support professional mental health  
In veterinary medicine.  
The baton of life is passed on to a new pet!

Thank you very much for your participation!!! See you again soon !!!